GA State UPMA Convention at Callaway Gardens
Postponed until July 16-18, 2020
Editor: James Terrell

*The views expressed in this publication are the opinions of the writer and not necessarily the opinion or the position of the United Postmasters and Managers of America.

*NEVER use postal stationary, telephone or computer for UPMA business.

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June 25th
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SOC Registration
State Convention Registration

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I was brought up old school, A mans job is to provide for and to protect his family. That is what I have done for the last 30 years. There have been many sacrifices along the way, none of which I regret. Lately I have been facing the biggest challenge I have had to face in 30 years. COVID 19 and being an essential employee have forced me to stay away from my family. This virus is very real and for many it has caused insufferable pain. My sacrifice for sure is just one of many that have had to be made by people. I have not missed a day of work during this Pandemic. The cost of this is time with my family. My daughter is on immune suppressants due to previous liver and bone marrow transplants. This makes her extremely high risk for the virus. My mother is 68 years old which also makes her high risk. Since I am out in the public every day and it seems more and more people have had the virus without symptoms it would be easy to pick it up from an employee or a customer. Then I could unknowingly take it home to my daughter or mother. To reduce this risk, I have had to move into my mother’s house and my mother is staying with my wife and daughter. I started this by saying a man provides for an protects his family and I have no doubt in my mind that I would sacrifice myself for my wife or my children. I just never dreamed that the person I would have to protect them from would be me. To date I have been separated from my family for 8 weeks. I do not know how much longer I will have to separate. I only pray that this will be over soon. God bless you all. Be careful and protect yourself and your family.

Memorial day is the day that we honor those who paid the Ultimate price for our freedom. During these uncertain days ahead remember those who have given everything in service to their country.

United States Air Force: Aut Vincere Aut Mors (Latin for “Conquer or Die”)

United States Army - This We’ll Defend

United States Coast Guard - Semper paratus (Always Ready)

United States Marine Corps - Semper Fidelis

United States Navy - unofficial motto - Semper Fortis (Always Strong or Always Courageous)

National Guard of the United States: Always Ready, Always Ther
Did you know that Stress accounts for over 60% to 80% of medical visits to the primary care doctor? That number is astonishingly high. When it comes time for me to write an article, I most always get ideas from something that’s going on in my own life. Researching and writing an article is always beneficial to me and I hope it will be beneficial to you as well.

“Burnout” was first termed in 1975 and is defined as a “prolonged response to chronic emotional and interpersonal job stressors.” According to Marlynn Wei, MD, PLLC, “Burnout is measured by symptoms in three areas: emotional exhaustion or feeling depleted, cynicism or a sense of detachment from others, and a sense of inefficacy, or not being effective at work.” She goes on to say, “Job burnout can cause emotional and physical fatigue, insomnia, irritability, and problems paying attention at work... even little problems start to feel weighty and insurmountable.”

I’m not going to be shy about the fact that with the current state of the world right now, the uneasiness and unknown coupled with the news about the state of the USPS and the ever increasing daily certifications – I’m more than a little stressed. I’m experiencing burnout and need to find something to overcome and combat this spiraling rollercoaster that my life has become.

So, what do the experts suggest?

Get Enough Sleep – According to the Sleep Disorders Health Centre on www.webmd.com, “A good night’s sleep allows you to tackle the day’s stress easier”. Most adults need 7-8 hours of sleep per night. Put the phone down, turn off the TV and spend some time winding down before you go to bed.

Revamp Your Diet - A healthy diet, low in sugar, caffeine, and alcohol, can promote health and reduce stress. Sugar can cause you to overeat, put on weight, or get locked in the cycle of emotional eating. Caffeine may be making you tired or irritable in the long run. Alcohol dependency can be serious both physically and psychologically. Cutting down on all three of these can have positive effects on reducing stress.

Exercise Regularly – According to the Mayo Clinic, “Exercise increases your overall health and your sense of well-being, which puts more pep in your step every day. But exercise also has some direct stress-busting benefits. It pumps up your endorphins. Physical activity helps bump up the production of your brain’s feel-good neurotransmitters, called endorphins.” So, get moving to get you out of that slump and help you feel positive.

Practice Breathing Exercises - Dr. Marlynn Wei suggests trying a simple mindful breathing exercise, which is a form of meditation. Inhale for 4 counts of breath, and exhale for 4 counts. Say to yourself with each breath, “Breathing in, I calm my whole body. Breathing out, I calm my whole body.”

Chew Gum – This may seem like a far stretch, but I’m including it because I have found that it actually helps me. When I’m trying to get everything done and seem to be working in circles, if I chew gum it relieves my stress and helps me to focus on each individual task. According to healthline.com, “One possible explanation is that chewing gum causes brain waves similar to those of relaxed people. Another is that chewing gum promotes blood flow to your brain.” IDK... but it actually works for me.

Try Progressive Relaxation - All the way from fingers to toes, tense and then release each muscle group in the body: lower arm, upper arm, chest, back and abdominals, etc. Once the body is relaxed, the mind will follow. Research shows this technique helps ease anxiety and calm depression. DOI: Trusted Source10.1155/2015/792895

There are so many more things to try to help you relax and get yourself out of “burnout” – Journaling, meditation, talking to a trusted friend or therapist, doing a hobby you enjoy, find a quiet place and just relax. I have also found that my UPMA family is so helpful in times like this. We’re all going through this together and we truly understand. The key is to do something. Don’t allow yourself to get into a rut and if you feel yourself slipping into one, do something healthy to pull yourself out.

As always, I am here to lend a helping hand.

Wendy Spears – Executive VP/Membership Chair

Secretary/Treasurer - Tammy Cantrell

“Finding Blessings in the bad”

a lot of you know, I fell and broke the humerus in my left arm on Wednesday when we returned from the Legislative Summit. I’d like to thank everyone that sent cards, texts and prayers my way since then. When I went to the orthopedic doctor the day after the break, he gave me the option of surgery or wearing a brace in hope that the bone would grow back together on its own. I opted for the brace. The doctor said it may take a little longer to heal, but there would be less risk of complications like infection and additional surgery. I’m glad to report that as of seven weeks in the doctor says everything is healing and looks good. When this break happened, my first thought was why me? But I just want to say we can always find blessings in the bad that happens in our life or that’s been my experience. I was blessed to have my parents take care of me the first three weeks of my recovery and to enjoy some special time with them. I was blessed to have my children and grandchildren close by and have them stay with me and help me with the things I couldn’t do for myself. I was blessed to have my friend Louise close by to serve as the Secretary’s Secretary since I’m left handed and couldn’t write so that UPMA financial business didn’t suffer. I was blessed to have good friends call daily and check on me and see what they could do to help. I was blessed to have Becky go to Cleveland as OIC and take care of my office and employees. I was blessed to have managers that told me to save my sick leave and not abuse it so I could continue to get a paycheck every two weeks. I had almost 2000 hours of sick leave saved when the accident happened. Then this coronavirus pandemic hits and I’ve been blessed to be at home, but my co-workers and friends haven’t been so lucky. There are so many heroes out there making a difference during this pandemic (kudos to my daughter-in-law who is a nurse in the ICU at Braselton working to help coronavirus patients survive).
Your actions during an investigative interview may have more input into the degree of corrective action than the offense committed does. Conduct yourself in the following manner:

1) Be early.
2) Treat the person conducting the interview with dignity and respect no matter how they treat you.
3) Don’t interrupt while the person is speaking or asking questions.
4) Always be truthful in your answers. I’ve seen investigative interviews conducted for minor offenses but the discipline be more severe because the person wasn’t truthful with their answers. What should have been a Letter of Warning became something more severe because the person violated the Postal Service’s Standard of Conduct (Section 665 of the ELM). Remember that a Postmaster/Manager will and should be held to a higher standard than a craft employee.
5) Explain why you did or didn’t do what you’re being accused of.
6) Don’t be self-righteous.
7) Remember the meeting is to discuss your actions. Don’t place blame elsewhere.
8) If you’re guilty, show remorse.

Please share this information with Postmasters/Managers who are not UPMA members. If you know someone who is not a member of UPMA, send me their phone # or e-mail address and I’ll reach out to them.

If you’re hearing different rumors about the Postal Service’s finances, there’s current accurate information on both webpages, www.gaupma.com and www.unitedpma.org. There’s also, sample letters for you, your family, and your employees to send to their Congressman and Senators.

Always remember these two questions when you get that call from your boss.

Do I need representation?
If the answer is no, then ask: May I bring representation?

Roy Shaffer
Semper Fidelis

I hope you and your family have stayed safe and well while following the CDC and Governor Kemp’s mandate for social distancing to prevent the spread of the COVID-19 virus. Hopefully, we will begin to see a decline in the number of cases soon, and we can get back to a somewhat normal lifestyle.

The 4th Annual Georgia State Convention scheduled for May, has been re-scheduled for July. Dates are pending at this time, but will be announced as soon as possible. If you registered for the May dates, your registration will be valid for July. Please join your UPMA family for a great reunion in July at beautiful Callaway Gardens. You can follow our page on Facebook at UPMA Georgia Chapter or on the website at www.gaupma.com for more details as they become available.

If you are not signed up for the UPMA Gold newsletter, which is very informative news from our National Retiree President Rodney Boland, you may contact me at itk220@att.net to add you to the email. I will need your name and email and address.

In closing, I would like to thank all the current employees of the USPS for continuing what they do every day to provide great service to their customers and doing it with great courage and pride.

Lastly, a bit of humor, we are looking forward to the day when the most important question is “Do you want a table or a booth?”

Theresa Pulliam
Let me start by giving a huge Thank You to Callaway Gardens for being so wonderful to work with GA UPMA and allow us to change the dates of the 2020 state convention to July 16-18. The room rate remains $115.00 for the recently remodeled Mountain Creek Inn. If you mailed your registration before we cancelled the May dates it is not necessary to send in a new registration. The tentative agenda has not changed and will be updated on the website as soon as changes occur. UPMA HQ, area and district management have been notified of the new dates and hopes are more of them will be in attendance with our decision to push back the dates.

As postal employees we have continued to work during this stressful time and have not gone without a paycheck. Callaway Garden employees were furloughed like much of the hospitality industry. Please support our wonderful GA UPMA Chapter and Callaway Gardens by booking your room today and mailing in your registrations.

Scarlet Middleton
2nd Vice President
Georgia UPMA

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**Tentative Agenda**

**Thursday – July 16, 2020**

11:30 - Golf Tournament
2:30-5:30 – Registration – Lobby
3:00 - Hospitality Suite
3:00 – Nominating Committee Room – Wine Cellar
3:15 – Audit Committee (location to be determined)
4:00 – GA UPMA Executive Board Meeting Room – Wine Cellar
7:00 - Welcome Dinner – Hospitality Suite

**Friday – July 17, 2020**

8:00-10:00 – Registration – Mountain Creek Ballroom Complex
8:15 – Door Prizes – Magnolia Ballroom
8:30 - Georgia UPMA Call to Order – Magnolia Ballroom
  - Invocation - Presentation of Colors – Pledge
  - Welcome – Postmaster Pine Mountain
  - Recognition of Distinguished Guests
  - Recognition of Retirees and First Timers
9:15 – Rodney Boland, National President, UPMA Retired
9:35 – Kathy Frame, National UPMA Vice President – East
10:00 - Gulf Atlantic Speaker
10:45 - Break & visit Vendors Room
11:00 - Cap Metro Speaker
11:30 – Meet the Candidate and Elections
12:15 – Lunch
1:15 – Retiree Meeting – Georgia Ballroom
1:15 – Panel Discussion
1:50 – Training Classes
4:00 – Refreshments – Hospitality Suite
7:00 – Dinner, Swearing In Of Officers & Entertainment – Sweetbay Ballroom

**Saturday – July 18, 2020**

8:15 – Door Prizes
8:30 – Georgia UPMA Business Meeting
8:45 – Memorial Service
9:10 - Officers Reports
9:45 - Break
10:00 – Constitution & By Laws
10:30 – Training
12:00 - Adjourn
Georgia UPMA
4\textsuperscript{th} Annual State Convention
July 16-18, 2020

\begin{center}
\begin{tabular}{|c|}
\hline
17800 US Hwy 27 \\
Pine Mountain, GA 31822 \\
800-221-5575 \\
Room Rates: $115.00 \\
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Convention Registration – Please Register by July 1, 2020

All EAS, Spouse/Guest..................................................$50  
Retirees, Spouse/Guest..................................................$45  
On-Site Day Participation (includes lunch)................. $30

First Timer? ______

Please help us manage our funds by checking the meals you will be attending:

\begin{itemize}
\item Thursday Dinner___
\item Friday Lunch___
\item Friday Dinner____
\end{itemize}

Dietary Needs__________________________________

Name________________________________________

Address_______________________________________

Title___________________ Office__________________

Checks payable to: GA UPMA
Mail Registration Form & Money to:
Tammy Cantrell
116 Abb Helton Rd
Cleveland GA 30528-3700

Name________________________________________

Address_______________________________________

Title___________________ Office__________________

Checks payable to: GA UPMA
Mail Registration Form & Money to:
Tammy Cantrell
116 Abb Helton Rd
Cleveland GA 30528-3700
Let’s Think Legislative

WOW….the difference a couple of weeks can make!

Let me start off with hoping everyone is doing well. Our world, as we know it, has changed so much in the last couple of weeks. Our new norm will never be our old norm. This time sort of reminds me of 9/11, with people thinking outside the box. Well that leads me to a great question: How are we going to think outside the box? I’m talking about as UPMA, as Legislative, as our postal/personal positions. So much to think about. What has changed about YOU, what have you done without, how have you made the best of your time at home? I know a lot of us are still working every day; however, we are staying at home more. Please think about how you are utilizing your time. Maybe, just maybe, you could educate yourself more on the postal bills and what you can do to help the postal service. Really, you would be helping every postal employee (active and retired), including yourself. I am so glad you have agreed, or should I say taking the challenge, to get involved.

Here some information for your adventure:

Congressman Joe Neguse (Ne-Goose), a Democrat from Colorado, has introduced the Protect Our Post Offices Act in the House. This bill would provide the postal service with emergency supplement appropriations of $25 billion. Unlike the $10 billion in borrowing authority that was included in the CARES Act the end of March. This money would not need to be paid back. I would encourage all of you to reach out to your Representatives and encourage them to support Rep. Neguse’s Protect Our Post Offices Act.

You can find email information for your Representative at: https://www.house.gov/representatives/find-your-representative

Just for YOU to know:

On March 23, 2020, the Chairs of several House Committees introduced the H.R. 6379, the Take Responsibility for Workers and Families Act, with more than $2.5 trillion to assist the American people. Included in that legislation were several provisions that would have provided the Postal Service with emergency funding crucial to its ability to maintain operations and support its half a million employees. Specifically, H.R. 6379 provided:

- $25 billion in emergency funding;
- The elimination of outstanding debt owed to the Department of the Treasury;
- Authorization to borrow up to $15 billion from the Treasury; and
- Prioritization of the delivery of medical supplies pursuant to the National Emergency declared by President Trump under the Stafford Act on March 13, 2020.

We urge Congress to act immediately in the interests of the Postal Service’s 620,000 employees.

Now what makes me SQUIRM (polite word for me to use)!

The Administration’s daily briefing on April 14th, President Trump mentioned and praised delivery companies; however, he never mentioned the USPS.

As we all know the USPS is by far the world’s largest delivery company.

Does this make you squirm? Good, then do something about it!

What can you do? (I’m so glad you ask!)

Here are a few ideas:

- Call and/or write your congressman.
- Go to Unitedpma.com and learn more about legislative.
- Promote the USPS.
- Know the company you work for or have worked for.
- Shout from the rooftop all the USPS does.
- Make some banners: “HEROES WORK HERE”.
- Repeat, repeat, and then repeat.

As we take this message to Congress, one of the things that we need to stress is the fact that the USPS is not asking for a handout to cover past losses, or projected losses from operations. What we are asking for is assistance with costs that are DIRECTLY related to this pandemic. We need to remind the members of Congress that it has been, continues to be and always will be the United States Postal Service that is assisting every residential and business address in this country to continue to function when most other services are not available. This is not a Republican or Democratic Issue; this is an issue that affects all citizens and is especially important in the more rural areas of our country.

What are you waiting on! Someone else to toot your horn...

TOOT YOUR OWN HORN!

~till next time

Robin Bugg
Legislative/PAC Chair

UPMA members supervise the delivery of more than 500 million pieces of mail every day to 159 million households and businesses of all sizes in the United States. The Postal Service and its employees are essential to the functioning of our country and have remained open for business every day while other businesses and government agencies are closed or working remotely. Further, USPS remains the most trusted agency of the government by the American people.
SAMPLE LETTER:

Dear Congressman/woman

I’m a ______________ in the United States Postal Service in CITY/STATE. Everyday I’m working on the frontline to make sure the postal service continues to maintain one-time and consistent deliveries for customers who are quarantining and rely on mail for essential supplies like food and medicine. Therefore, I’m urging you to support Rep. Joe Neguse’s (D-CO) Protect Our Post Offices Act which will provide much needed support for the postal service and all frontline postal workers like myself.

Rep. Neguse’s legislation will ensure that the postal service remains viable even with the rapidly decreasing mail volume. It will also provide access to critical personal protective equipment to protect postal workers from the coronavirus outbreak. I urge your support for this critical piece of legislation.

Thank you for your consideration.

H. R. 6425

Making emergency appropriations for the United States Postal Service due to the coronavirus pandemic, and for other purposes.

IN THE HOUSE OF REPRESENTATIVES
March 31, 2020

Mr. Neguse introduced the following bill; which was referred to the Committee on Appropriations, and in addition to the Committee on the Budget, for a period to be subsequently determined by the Speaker, in each case for consideration of such provisions as fall within the jurisdiction of the committee concerned

A BILL

Making emergency appropriations for the United States Postal Service due to the coronavirus pandemic, and for other purposes.

Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled,

SECTION 1. SHORT TITLE.
This Act may be cited as the “Protect Our Post Offices Act”.

SEC. 2. APPROPRIATION TO POSTAL SERVICE FUND FOR CORONAVIRUS PANDEMIC.

The following sums are hereby appropriated, out of any money in the Treasury not otherwise appropriated, for the fiscal year ending September 30, 2020, and for other purposes, namely:

United States Postal Service.—

Payment To The Postal Service Fund.—For payment to the Postal Service Fund established under section 2003 of title 39, United States Code, for revenue forgone due to the coronavirus pandemic, $25,000,000,000, to remain available until September 30, 2022: Provided, That such amount is designated by the Congress as being for an emergency requirement pursuant to section 251(b)(2)(A)(i) of the Balanced Budget and Emergency Deficit Control Act of 1985 and shall be available only if the President subsequently so designates such amount and transmits such designation to the Congress.
I'm back! A year later, more experienced in both my Postal career and UPMA, I’m asking for your vote and support as candidate for Vice President of the East. The past year provided me opportunities for details as a Retail Specialist for the TN District, which has broadened my postal knowledge and prepared me to better assist UPMA members with RCE shops, revenue generation and response to customer surveys. I have a passion for educating members and I think I can bring new ideas to the avenues that we use for UPMA training.

I am familiar with what this generation looks for in an organization. I have the energy to work membership with passion. The majority of my career lies ahead so, I must be committed to finding ways to increase membership to secure UPMA’s future. To be successful, I believe we need to be more than “fire insurance” for members. Under a new Postmaster General’s leadership, we must prepare our members for successfully navigating through change. I want to be part of the UPMA partnership that drives that success.

Last year, I campaigned as a “new voice” because my membership has only been UPMA. I do not focus on the past, instead I plan for the future. I traveled to several states and met amazing members that shared their interest, encouraged my campaign and became my friends. I do not count last year as a loss. I am grateful for the opportunity that broadened my UPMA horizon. I sincerely believe that the experience has developed me into a potential Board member that can better serve our membership.

I pledge to be your voice, to share my passion for UPMA, to listen to your ideas and to always remember that I serve you. Please feel free to contact me about my campaign. I welcome your input. Once again, I ask for the opportunity to work for you!

Sherwin Taylor
(432)426-6951
Jclaybriarpatch@yahoo.com
Since announcing my candidacy to be your next National Secretary-Treasurer last summer, I’ve been humbled by the outpouring of support I’ve received from my UPMA family. The encouragement from my fellow members across the country has been overwhelming. It was awesome to see so many of you last week at the Legislative Summit and to have an opportunity to talk to you individually and hearing your concerns. It is critical to receive feedback from fellow members. After all, this is YOUR organization.

During these uncertain times, UPMA needs experienced leaders who respect the past, have a thorough grasp of the present, and possess dynamic vision for the future. I believe I am such a leader and would be honored to have your support. Throughout my career, I have proudly and assertively represented my UPMA family at the chapter and national levels. With your support, I will continue to do so.

I would like to announce my candidacy to be your next State President. I have been involved as an OIC and then Postmaster since 2006 and have been an active member of UPMA from the inception. I served as Editor, starting in 2015 for 4 years and am currently your Executive Vice President.

My work credentials are:

- Postmaster Ashburn 2012 - Present (Level 20)
- Acting Supervisor Fitzgerald 2012 (Level 17)
- OIC Pearson 2012 (Level 18)
- Postmaster Lenox 2010 – 2012 (Level 16)
- Postmaster Hartsfield 2008 – 2010 (Level 13)
- OIC Sumner 2006 (Level 13)
- SSDC Tifton 1999 – 2008

Without the help of fellow postmasters and organization members, my first OIC would have been a disaster. Thanks to them for taking me under their wings, my assignment was a success and our organization gained a loyal and faithful member. I believe in paying it forward and would be honored to be your next president. I believe in training our members and giving a helpful hand not only to keep them out of trouble, but to make their careers a success story. Because of my involvement and Postal experience, I believe I have the knowledge to lead our executive board and I have the determination and zeal to be a successful president. I pledge to always be transparent and to do my best to communicate to the board and our members.

I ask for your support and vote as I seek this nomination.
4th UPMA National Convention
Aug. 1-7, 2020
Official Registration Form
Registration also available at www.unitedpma.org

Please complete one form per registrant. Photocopy the form for additional registrations.

First Name: ____________________________ Last Name: ____________________________

Title: ____________________________

☐ Postmaster/OIC
☐ Supervisor
☐ Manager
☐ EAS Professional
☐ Associate
☐ UPMA Retired
☐ Spouse
☐ Guest

First Name (for your badge): ____________________________

Post Office You Represent: ____________________________ City: ____________________________ State: ____________________________

Your Mailing Address: ____________________________

City: ____________________________ State: ____________________________ ZIP+4: ____________________________

Active First-Timer? ☐ Yes ☐ No

UPMA Retired First-Timer? ☐ Yes ☐ No

Cell Phone: ____________________________ E-mail: ____________________________

Conventional Registration (only one person per form):

Please circle the appropriate fee:


Postmaster/Manager/Supervisor/Associate/OIC/EAS Professional $220 $245 $270

Daily registration is available at $65/day until June 15; $75/day after that date using this form; online registration not available. You also can register on-site. Check all that apply:

☐ Sat ☐ Sun ☐ Mon ☐ Wed ☐ Thurs

First-Timer*—Active and Retired $95 $95 $95

UPMA Retired or Guest* $190 $208.75 $227.50

(UPMA Retired Luncheon included)

Auxiliary/Spouse/Postmaster Guest $165.00 $183.75 $202.50

(Does NOT include UPMA Retired Luncheon)

Children (17 and under) $80; includes child's meal at the Grand Banquet.

*First-timers must pay their registration fee in advance using this form; online registration not available. After attending the convention, they must submit a form to the National Office to be reimbursed.

*UPMA Retired member may have one guest (not an active member) register for the same price.

Grand Banquet: Aug. 6, 2020

Payment Information

Convention Fee: ____________________________

Addition tickets for UPMA $ ____________________________

Retired Luncheon @ $25 each $ ____________________________

Total Payment: ____________________________

☐ Check payable to UPMA

☐ Visa/MasterCard

Card number ____________________________

Card security code: ____________________________ Expiration date: ____________________________ (3- or 4-digit code imprinted on card)

Signature: ____________________________

Mail with full payment to UPMA National Convention Registration, 8 Herbert St., Alexandria, VA 22305-2600.

Hotel Reservation

UPMA has a special rate at the convention hotel beginning Aug. 1, 2019. You must call the hotel directly to make a reservation. The National Office will not handle room reservations. To make a reservation, you must make a deposit to the hotel in the amount of your first night's lodging; this deposit is non-refundable after July 8, 2020. All room cancellations must be made directly with the hotel. To secure the special UPMA rate, you must identify yourself as part of the UPMA convention. The rate is available only until July 8, 2020, or all rooms in the block are sold, whichever comes first. The group rate is available five days prior and post convention based on availability.

Marriott St. Louis Grand
1-877-303-0104
$119—single/double/triple/quad

Be sure to request the UPMA group rate.

Registration Cancellation Refund Policy

Requests for cancellation refunds must be made in writing to the UPMA National Office. Requests must be postmarked by June 1, 2020; no refunds after that date. All refunds are subject to a $30 handling fee.

Registrations are non-transferable.

Questions?
Call 703-683-9027
The Great State of Georgia Extends UPMA Members
A Peachy Welcome
2020 Southern Officers Conference
October 8-11, 2020

Name_______________________Title_____________________________
Address______________________________________________________State______Zip_______
Email____________________________State Representing________________

<table>
<thead>
<tr>
<th>Date</th>
<th>Fee</th>
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<tbody>
<tr>
<td>October 14, 2019—February 29, 2020</td>
<td>$125.00</td>
</tr>
<tr>
<td>March 1, 2020-September 1, 2020</td>
<td>$150.00</td>
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<td>After September 1, 2020 and on site</td>
<td>$175.00</td>
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The Crowne Plaza Atlanta Airport Hotel
1325 Virginia Ave
Atlanta, Ga. 30344
844-369-8559

Use code SOC UPMA deadline for room reservations Sept 16, 2020
Room Rate $115.00 per night (Breakfast NOT included)

Make checks to SOC 2020. Return Registration form and fee to
SOC 2020 Roy Shaffer
162 Poplar Way
Winder, Ga. 30680-8318

Questions contact Louise Nix 706.878.6173, louisenix@yahoo.com or
Scarlet Middleton 912.288.4978, scarletis47@gmail.com

Flying___ Atlanta International Airport ATL  **airport shuttle service is included
Driving___ Daily Parking fee at hotel $7.00

SEE YOU REAL SOON!!!
**In Loving Memory**

Thelma Martin-Mother of Hiram Postmaster  Tracey Martin

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**Scholarship Donations**

Louise Nix in memory of Dickie Dills
Roy Shaffer in memory of Dickie Dills
Tammy Cantrell in memory of Dickie Dills

**SCHOLARSHIP DONATIONS:**
Would you like to remember someone who is sick or shut in or maybe in memory of a lost loved one? You can make contributions to the scholarship fund in their name. For more information please contact Tammy at:

tlcantrell@windstream.net
Send your donations to:
Tammy Cantrell
State Secretary/Treasurer

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**Prayer Requests**

Pray for Our Leaders, Our Country and our Families during these trying times.

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**Promotions**

- Lettich Barnett—LD&D Specialist
- Chad Long—SCS Jackson GA
- Donald L. Johnson - MPOOL Gulf Atlantic
- Abriele Varnum—Station Manager Decatur
- Wesley Chapel
- Don Cheney-Clarkesville
- Quantez Freeman—Manager Eastwood
- Sahira Raymond-SCS Riverdale

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**Detail Assignments**